**Guidelines for Externship Travel Journals**

The externship asks you to look at the learning experience, the process of learning, in a clear, thoughtful and strategic way. The steps to a good externship are along the following lines:

1. Decide what you want to learn: choose something that is compelling and fun, that you’ll want to stick with.
2. Identify the ways you want to learn: build in at least 3 different learning methods, with at least one being a “least favored” approach.
3. Develop a plan for learning: Figure out how these ways will compliment each other.
4. Implement your plan and journal as you go along: always keep your eyes on the process. When you have done something, note how it went for you.
5. When you are done, reflect on the process: if you were going to do it again, how would you do it?

Here are some questions to build into your journal:

* Why do I want to student-teach abroad? What do I most want to get out of it?
* What are my “hungers” for this trip? In what ways is this trip a “pilgrimage”?
* What do I want to learn: before I go, while I’m there, and after I return?
* What are my fears about going?
* (After an event/experience) What did I see? What did I learn about the issues involved and/or about myself?
* (At the end) What can I say about myself as a learner? As a traveler?